



INVITATION - ANNOUNCEMENT

19TH DVTK – AVAS CUP - HUNGARY

2025

Interclub Figure Skating Competition

for

Senior, Junior, Advanced Novice/Intermediate Novice/Basic Novice,
Younger categories – Cubs, Mini Cubs, Chicks, Mini Chicks

and

Recreational and Adult Figure Skating Competition

and

Mini's Competition (on small rink: 1/3-rink)

ICE HALL MISKOLC-HUNGARY

18-20. April 2025

ORGANIZER: DVTK Jegesmedvék Skating Club, Miskolc, Hungary

In cooperation with Hungarian Skating Federation

E-mail: competition.dvtk@gmail.com

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ORGANIZER RESERVES THE RIGHT TO MAKE THE POTENTIAL CHANGES IF IT SHOULD BE NECESSARY.

EVENT LOCATION: ICE HALL - MISKOLC is located at H-3529 Miskolc, Görgey u. 19.

ICE HALL MISKOLC has a capacity of 1.200 seats and built in 2006.

The ice surface in size 29 x 58 m

DEADLINE FOR ENTRIES: 15 March 2025

GENERAL REGULATION

The **19. DVTK – AVAS Cup** Interclub Competition in Figure Skating will be conducted in accordance with the ISU Constitution and General Regulations 2024, the Special Regulations & Technical Rules Single & Pair Skating and Ice Dance 2022, and the relevant ISU Communications.

All Members of the ISU and Clubs being members of National Skating Federations associated with ISU, are invited to take part in the competition. Participation in **19. DVTK – AVAS Cup** is open to all competitors who belong to an ISU Member. ISU Communication No. 2655; 2624

Competitors taking part in Senior, Junior and Advanced Novice category must be entered through their respective Member Federation.

ENTRIES

All Members / Clubs, which are members of National Figure Skating Federations associated with the ISU, may enter competitors in each category. The OC reserves the right to limit the number of participants Entry each category in case of overcrowding.

The Entry forms, the “Program Content Sheet” must also be returned to the Organizing Committee in time (**by 15 March 2025 the latest**). It is mandatory that the Program Content Sheet must be filled in precisely by each Skater in English using the terminology for the elements listed in the respective ISU Communication. It is not permitted to hand over the Program Content Sheets directly to the acting Officials.

DEADLINE FOR ENTRIES: 15th March 2025

E-mail: **competition.dvtk@gmail.com**

Entry fees and Payment due date: 20 March 2025

| Category | Nevezési díj 2025. március 20. előtt fizetve Entry fee/person before 20 March 2025 | Nevezési díj 2025. március 20. UTÁN fizetve Entry fee/person after due date |
|--|--|--|
| Basic/Intermediate Novice, Mini Cubs, Cubs, Mini Chicks, Chicks | € 90, or HUF 36.000 | € 100, or HUF 40.000 |
| Junior, Senior, Advanced Novice: | € 100, or HUF 40.000 | € 110, or HUF 44.000 |
| Rekreációs és Adult | € 90 or HUF 36.000 | € 100, or HUF 40.000 |
| Mini's competition | € 65, or HUF 25.000 | € 75, or HUF 30.000 |

In case of NOT RECEIVING the entry fee by the 20. March 2025, the competitor's entry will be cancelled automatically

Bank information:

Beneficiary: Miskolci Jegesmedve Jégkorong Sportegyesület, Miskolc, Hungary

Bank: ERSTE BANK – IBAN : HU19 11600006-00000000-85581135

Swift code: GIGAHUHB - **All BANK CHARGES must be taken by the payer!**

Important: please state: Competition, NAME of COMPETITOR, and CATEGORY

It is NOT possible to pay the entry fee in cash or by card upon arrival (in case of such problems pls contact us before sending entries). Invoices will be sent after the competition.

After 20th March 2025 NO entry fee is to be returned.

In case of proven illness, fifty percent of paid entry fee is to be returned.

ACCREDITATION and REGISTRATION

The accreditation and registration will be at Ice Rink from the beginning of the competition. In case the competition begins in the morning, **the registration will be available at least one hour earlier.**

PRESENTATION OF MEDALS - The three best placed skater in each event will be announced and honored. Gold, silver, and bronze medals will be presented to the medalists. All participants will receive diploma. The Award Ceremonies are off-ice and will take place in the next break (Ice-resurfacing) following the categories competition section

EXPENSES - The organizer covers the expenses of competition, organization, awards, presents and board & lodging only for judges on duty. Travel expenses to and from Budapest, transfer costs to and from the Official Hotel and Airport will not be covered by the organizer. The expenses for rooms and meals, travel and transfer of the Team Leaders, Competitors and other Team officials will not be covered by the organizer and are on the account of the Teams.

INSURANCE / LIABILITY

In accordance with Rule 119, it is the sole responsibility of each Member participating in the **19. DVTK-AVAS CUP - 2025**, to provide medical and accident insurance for their athletes, officials, and all other members of the Member's team.

Such insurance must assure full medical attendance and the return of the ill or injured person to the home country by air transport or by other expeditious means. It is an internal matter of each ISU Member to decide the issue who shall pay the premium for such insurance.

The Organizer assumes no responsibility for or liability with respect to bodily or personal injury or property damage in connection incurred by Competitors and Officials **19. DVTK-AVAS Cup – 18-20 April 2025 - Miskolc, Hungary.**

GDPR

By entering all participants accept that personal data are collected by the Organizing Committee (OC) and such data are stored and used by the OC, and when necessary, third parties, for the purposes only of, and to the extent necessary only in relation to facilitate their participation in the competition; personal data may include but will not be limited to full legal name as per national identity documents, address, date of birth, nationality, sex

MUSIC / PLANNED PROGRAM CONTENT

Music and PPC must be sent by e-mail, along with the entries, **30 March 2025 the latest.**

PROGRAM SCHEDULE - STARTING TIMES

Please, keep in mind that only daily starting times of the competition are fixed. Following the morning start the time schedule of the event is flexible, which means that in case of cancellations certain categories may start some time earlier than it is indicated in the Preliminary Schedule.

Please, be informed that all changes in entries and Preliminary Program may be followed in the ice rink on the information board.

ATTENTION! ORGANIZER RESERVES THE RIGHT TO MAKE THE POTENTIAL CHANGES IF IT SHOULD BE NECESSARY.

The FINAL timetable will be sent by email and published on our website and on facebook, couple of days before the competition.

Date: 2 March 2025 - DVTK Miskolci Jegesmedvék Figure Skating

Technical Rules for categories

JUNIOR LADIES & MEN

Rule 611

Short Program Singles

1. a) The Short Program for Single Skating (Senior and Junior) consists of seven required elements. The sequence of the elements is optional;
- b) The program shall be skated in harmony with the music chosen by the Competitor. Vocal music with lyrics is permitted;
- c) If an unprescribed or additional element (performed) substitutes a required element (not performed), the respective box will be blocked and this performed element will be considered as not according to the requirements (no value);
- d) Unlisted or additional elements such as jumps, spins, steps or repetitions, even of failed elements, are not marked and consequently do not block a "box" (spot) of another type of elements.

The Junior Short Program shall consist of the following required elements, which form three groups. The groups that are effective on July 1st of each year are:

2024-2025

Men

- a) Double or triple Axel Paulsen;
- b) Double or triple Flip jump;
- c) Jump combination consisting of a double and a triple jump or two triple jumps;
- d) Flying camel spin;
- e) Sit spin with only one change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

Women

- a) Double Axel Paulsen;
- b) Double or triple Flip jump;
- c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps;
- d) Flying camel spin;
- e) Layback / sideways leaning spin or sit spin without change of foot;
- f) Spin combination with only one change of foot;
- g) Step sequence fully utilizing the ice surface.

Rule 612

Free Skating Singles

Free Skating consists of a well-balanced program of Free Skating elements, such as jumps, spins, steps and other linking movements executed with a minimum of two footed skating in harmony with music of the Competitor's choice, vocal music with lyrics is permitted.

Junior Well-Balanced Program

A well-balanced Free Skating program for Men must contain:

- maximum of seven jump elements (one of which must be an Axel type jump);
- maximum of three spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position;
- maximum of one choreographic sequence.

NOVICE CATEGORIES: according to ISU Communication 2624

BASIC NOVICE - Boys and Girls

Free program duration: 2 min 30 sec +/- 10 sec

A well balanced Free Skating program for Single Skating must contain

- a) Maximum of five (5) jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination ~~without using an Euler (half loop)~~ and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump.

One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

~~An Euler (half loop) when used in a jump combination or sequence between two listed jumps will be called but will not be considered as a listed jump, and will not be counted in the number of the jumps of the concerned combination or sequence. After the execution of the Euler (half loop) no change of foot is allowed. An Euler (half loop) can be executed only once in the Free Skating.~~

No triple or quadruple jumps are allowed.

Only one single jump and one double jump (including Double Axel) can be repeated once.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position.

The spin combination with a change of foot must have a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. Flying entry is allowed. If with change of foot, only one level feature per foot will count.

The spin in one position without change of foot must have a minimum of six (6) revolutions, must be done in a basic position without any difficult variation position and will be called maximum level basic.

After the required revolutions it is allowed to execute difficult variations, but these will be ignore by Technical Panel. Flying entry is not allowed.

- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the

skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level basic. The Technical Panel will not award Feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

Levels explanations:

For Basic Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67

INTERMEDIATE NOVICE - Boys and Girls

Free program duration 3 min +/- 10 sec

A well balanced Free Skating program for Single Skating must contain:

- a) Maximum of 5 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination ~~without using an Euler (half loop)~~ and one (1) jump sequence. Jump combinations and the jump sequence consist of only two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

~~An Euler (half loop) when used in a jump combination or sequence between two listed jumps will be called but will not be considered as a listed jump, and will not be counted in the number of the jumps of the concerned combination or sequence. After the execution of the Euler (half loop) no change of foot is allowed.~~

~~An Euler (half loop) can be executed only once in the Free Skating.~~

No triple or quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position.

The spin combination with a change of foot must have a minimum of eight (8) revolutions and without a change of foot with a minimum of six (6) revolutions, flying entrance is not allowed. If with change of foot, only one level feature per foot will count.

The spin in one position with a change of foot must have a minimum of eight (8) revolutions or spin in one position without change of foot must have a minimum of six (6) revolutions, flying entrance is allowed.

- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level basic. The Technical Panel will not award Feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

Levels explanations:

For Intermediate Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for Program Components is • for Girls 1.7 • for Boys 2.0

Advanced Novice - Boys and Girls

The Short Program for **BOYS'** Single Skating shall consist of the following elements:

- a) Single Axel Paulsen or double Axel Paulsen
- b) Double or triple jump, may not repeat jump a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, the second jump must be double or triple Toe loop (for season 2024/25), both jumps may not repeat jump a) or b)
- d) Sit spin with change of foot and no flying entrance (minimum of five (5) revolutions on each foot) (for season 2024/25).
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot), flying entrance not allowed.
- f) One step sequence fully utilizing the ice surface. For feature 4) Two combinations of 3 difficult turns on different feet: the combinations must include forward outside rocker and backward inside loop (for season 2024/25), they can be in the same combination or one in the first and the other in the second.

Only one difficult turn may be repeated once in the two combinations. At least 2 difficult turns and steps must be executed on clean edges for Level basic.

The Short Program for **GIRLS'** Single Skating shall consist of the following elements:

- a) Single Axel Paulsen or double Axel Paulsen

- b) Double or triple jump, may not repeat jump a)
- c) One jump combination consisting of two double jumps or one double and one triple jump, the second jump must be double or triple Toe loop (for season 2024/25), both jumps may not repeat jump a) or b)
- d) Layback/sideways leaning spin or sit spin with no change of foot (minimum six (6) revolutions) and no flying entrance (for season 2024/25).
- e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot), flying entrance not allowed.
- f) One step sequence fully utilizing the ice surface. For feature 4) Two combinations of 3 difficult turns on different feet: the combinations must include forward outside rocker and backward inside loop (for season 2024/25), they can be in the same combination or one in the first and the other in the second.
Only one difficult turn may be repeated once in the two combinations. At least 2 difficult turns and steps must be executed on clean edges for Level basic.

Jumps not according to Short Program requirements (wrong number of revolutions) will receive no value. If the same jump is executed as a solo jump and as a part of the jump combination, the repeated jump will not be counted (if this repetition is in a jump combination, only the individual jump which is not according to the above requirements will not be counted). ~~An Euler jump cannot be included in the jump combination in the Short Program.~~

Boys and Girls

A well balanced Free Skating program for Single **Boys and Girls** must contain:

- a) Maximum of 6 jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination ~~without using an Euler (half loop)~~ and one (1) jump sequence.

One jump combination or jump sequence can consist of up to three (3) jumps, the other up to two (2) jumps. A jump sequence consists of two or three jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take-off curve of the Axel jump.

One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value. Only two triple jumps can be repeated either in a jump combination or jump sequence.

~~An Euler (half loop) when used in a jump combination or sequence between two listed jumps will be called but will not be considered as a listed jump, and will not be counted in the number of the jumps of the concerned combination or sequence. After the execution of the Euler (half loop) no change of foot is allowed.~~

~~An Euler (half loop) can be executed only once in the Free Skating.~~

No quadruple jumps are allowed. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total.

The same type of jump independent of revolutions can be included not more than three times in the Free Skating program.

b) There must be a maximum of two (2) spins of a different nature (abbreviation). One spin must be a spin combination with a change of foot which must have a minimum of eight (8) revolutions, a flying entrance is not allowed.

One spin must be a flying camel spin which must have a minimum of six (6) revolutions, a change of foot is allowed but a change of position is not allowed (for season 2024/25).

c) There must be one Choreographic Sequence consisting of at least two different skating movements.

Bonus for Advanced Novice Single Skating

Skaters can earn bonus points for jumps that are achieved in Short Program and/or Free Skating. To be eligible for bonus points, jumps must be fully rotated or landed on the quarter (q) and must be in accordance with the Short Program requirements as well as the well balanced Free Skating program and the repetition rules for jumps. Jumps can be performed as a solo jump, or in jump combination or jump sequence. Jumps that are identified by the Technical Panel as under-rotated (<), downgraded (<<), with wrong edge (e) or have a fall or being identified as invalid element (*) are not eligible to receive bonus points. However, if in a jump combination or sequence there is a fall on a jump other than the bonus-generating jump, the bonus is still received. For example, 3Sb+2T with a fall on the 2T. If an element has attention (!) and quarter (q), it is still valid for bonus points.

- **Short Program:**

In the Short Program a maximum of two (2) bonus points can be achieved: one (1) bonus point for one (1) Double Axel and one (1) bonus point for one (1) triple jump.

- **Free Skating:**

In the Free Skating Program, a maximum of three (3) bonus points can be achieved: one (1) bonus point for one (1) Double Axel and one (1) bonus point each for any two (2) different triple jumps.

In case of jump combinations or jump sequences, all jumps eligible for a bonus point in accordance with the above regulations and limitations can receive bonus points. For example, 3Sb+2Ab+seq.

The Technical Panel will decide upon the bonus points and add them respecting the above regulations and limitations to the respective jump element(s). The Technical Controller will advise the Data Operator to add the bonus point at the end of the jump by using the respective "Bonus" button on the Data Operator's screen (i.e. 2Ab, 3Lzqb+3Tb) during the review process.

The bonus will be assigned to the first two jumps in Short Program and to the first three jumps in Free Skating that fulfill the requirements in order of their execution.

In accordance with ISU Rule 353 (ISU Judging System - determination and publication of results) paragraph

1. (Basic Principles of Calculation) and respective subparagraph f), the panel's score for each Section/Element is determined by adding the trimmed mean GOE of this Section/Element to its Base Value.

The bonus points are added in addition and will determine the panel's score for jump elements where the Technical Panel identifies such bonus points (Base Value + GOE + Bonus Point(s) = Score of Panel).

Levels explanations:

For Advanced Novice Single Skating, in all elements that are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factors for the Program Components are

- a) Short Program
 - for Boys 1.20; • for Girls 1.07
- b) Free Skating
 - for Boys 2.40; • for Girls 2.13

CUBS – born between 1 July 2014. and 30 June 2015.

MINI CUBS - born between 1 July 2015. and 30 June 2016.

category not regulated by ISU

Free program Boys and Girls

Duration 2 min 30 sec +/- 10 sec

- a) Maximum of five (5) jump elements (boys and girls) one of which must be an Axel type jump.
There may be up to two (2) jump combinations (2) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence first jump may be any type of jump, but the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump.
Only two jumps and one, one+half, two or two+half can be repeated once.
- b) Maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (min 6 revolutions) and one must be a spin with no change of position, with or without change of foot (min. 6 revolutions). In both spins flying entries are allowed.
- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface.
- d) Falls (-0,5) deducted by Technikai Panel

For Cubs Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Tech. Panel. The following Program Components are judged:

- Presentation
- Skating Skills

The factor for the Program Components is 2.5

CHICKS – born between 1 July 2016 and 30 June 2017

MINI CHICKS - born after 1 July 2017

category not regulated by ISU

Free program Boys and Girls

Duration 2 min +/- 10 sec

- a) Maximum of four (4) jump elements (boys and girls) one of which must be an Axel type jump.

There may be up to two (2) jump combinations or (2) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence first jump may be any type of jump, but the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump.

Only two jumps and one, one+half, two or two+half can be repeated once.

- b) Maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (min 6 revolutions) and one must be a spin with no change of position, with or without change of foot (min. 6 revolutions). In both spins flying entries are allowed.
- c) There must be a maximum of one (1) CHOREO sequence fully utilizing the ice surface and contains at least one spiral position during min. 3 sec. Choreo sequence has fix value in GOE
- d) Falls (-0,5) deducted by Technikai Panel

For Chicks Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel

The following Program Components are judged:

- Presentation
- Skating Skills

The factor for the Program Components is 2.5

MINI'S COMPETITION CATEGORIES – transacted on small rink – 1/3 rink

Under the Age of 6 Years

(born on/after 1st July 2018) - Program length: min 1:10 – max 1:50

- The program must contain minimum 1 jump element and 1 spin element. A jump element with a half rotation may be accepted (waltz jump)
- There must be a spin element with a minimum of 2 full rotations. Spin on both feet may be accepted.
- The program must also contain 2 decorative elements, e.g. squat, one leg squat, lunge, spiral, spread eagle.
- At least 1 technical step/turn – mohawk, three-turn, crossroll, etc. – must be included; chasses and crossovers are not counted as technical steps.
- Deduction for fall is 0.3 point.

Under the age of 8

(born on/after the 1st of July 2016) - Program length: min 1:30, max 2:00

- The program must contain at least 3 elements, out of which at least 1 must be a jump element and at least 1 must be a spin element. A jump element with a half rotation may be accepted (waltz jump).
- There must be a spin element with a minimum of 2 full rotations. Spin on both feet may NOT be accepted.
- The program must also contain 2 decorative elements, e.g. squat, one leg squat, lunge, spiral, spread eagle.
- 3 technical steps and/or turns – mohawk, three-turn, crossroll, etc. – must be executed continuously ; chasses and crossovers are not counted as technical steps.
- Deduction for fall is 0.5 points.

Under the age of 10

(born on/after the 1st of July 2015) - Program length: min 1:30, max 2:00

- The program must contain at least 3 elements, out of which at least 1 must be a jump element and at least 1 must be a spin element. A jump element with a half rotation may be accepted (waltz jump).
- There must be a spin element with a minimum of 2 full rotations. Spin on both feet may NOT be accepted.
- The program must also contain 2 decorative elements, e.g. squat, one leg squat, lunge, spiral, spread eagle.
- 3 technical steps and/or turns – mohawk, three-turn, crossroll, etc. – must be executed continuously ; chasses and crossovers are not counted as technical steps.
- Deduction for fall is 0.5 points.

Result calculation:

Only the points of program components (PCS) will be defined.

Technical points (TES) will not be determined.

Program components and their factors:

- Skating Skills factor 2,4; Performance/Execution factor 2,3; Interpretation factor 2,0

NON-ISU Recreational and Adult Single Figure Skating categories: (In case of one entry in a category may be contracted with other close category)

I. NON-ISU Recreational Single Free Skating categories:

Skaters under the age of **9** (born on/ before 1st July 2015) may participate the competition in Youngster categories as CUBS or CHICKS

1. Age group **B**: born between 1st July 2012 – 30th June 2015 – Bronze and Silver level
2. Age group **C**: born on/after 1st July 2009 – Bronze, Silver and Gold level
3. Age group **D**: born on/ after 1st July 2006 – Bronze, Silver, Gold and Masters level

II. Adult Single Free Skating categories:

Age Groups – Bronze, Silver, Gold levels

- I. born before 1st July 1996, (who have reached at least the age of twenty-eight (28) before 1 July 2023) According to ISU Adult competition rules
- II. born on or after 1st July 1996

III. Adult Artistic Free Skating categories **Bronze level for all Adult age groups.**

- I. born before 1st July 1996, (who have reached at least the age of twenty-eight (28) before 1 July 2023) According to ISU Adult competition rules
- II. born on or after 1st July 1996

IMPORTANT REMARKS:

In case the number of entries it requires, competitors will be merged into united age groups.

Technical data: Calculation of scores: according to the **new ISU Judging System**

The Program Components are judged only in

- **Skating Skills**
- **Performance/Execution**
- **Interpretation**

Requirements for all age groups:

The programs can be interpretative. Accessories and props are not permitted.

The music can be even vocal, but with appropriate lyrics.

Exceeding the limit of the music is followed by 1 point deduction per 5 sec.

Failing: 0,5 point penalty

Factor: 1,67

FREE SKATING GOLD

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

a. A maximum of six (6) jump elements,

- consisting of single jumps (including the single Axel) or double jumps.
- **Double Flip, double Lutz, double Axel and Triple jumps are not permitted.**
- There may be up to **three (3) jump combinations or jump sequences** in the free program.!

One (1) jump combination may consist of up to three (3) listed jumps.

Two (2) jump combinations may consist of two (2) listed jumps.

A jump combination may consist of the same or another single or double jump, apart from the jumps in bold above.

!!! A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jumps, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only the two (2) listed jumps with the highest value will count towards the technical score.

Any single and double jump cannot be executed more than twice in total.

b. A maximum of three (3) spins of a different abbreviation,

- one (1) of which must be a spin combination with a change of foot and
- one (1) of which must be a flying spin.
- The spins must have a required minimum number of revolutions:
 - four (4) for the flying spin with no change of foot after landing,
 - four (4) for the spin with only one position and no change of foot and
 - four (4) for the spin combination with no change of foot and
 - eight (4 + 4) for the spin combination with change of foot or spin in one position with a change of foot.
- There must be a minimum of two (2) revolutions in each position or the position will not be counted.
- Spin combinations must include a **minimum of two (2) different basic positions** with two (2) revolutions in each of these positions anywhere within the spin. **To receive full value**, a spin combination must include **all three (3) basic positions**.

c. A maximum of one (1) step sequence, fully utilizing the ice surface. Only the first executed attempt of a step sequence will contribute to the technical score.

Vocal music may be used.

The maximum time is **2 minutes 30 seconds +/-20 seconds.**

The points for each Program Component are multiplied by a factor of 1.6.

Only features up to and including **Level 3** will be counted for the spins and step sequence.

Any additional features will not count for level requirements and will be ignored by the Technical Panel.

FREE SKATING SILVER

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of **five (5) jump elements**,
- consisting of any single jumps (including the single Axel).
 - **Double** jumps and triple jumps are **not permitted**.
 - There may be up to **two (2) jump combinations or jump sequences** in the free program.
!!! One (1) jump combination may consist of up to three (3) listed jumps.
The other jump combination may consist of two (2) listed jumps.
A jump combination may consist of the same or another single jump.
!!! A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jumps, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only the two (2) listed jumps with the highest value will count towards the technical score.
- Any single jumps cannot be executed more than twice in total.
- b. A maximum of **three (3) spins** of a different abbreviation,
- one (1) of which must be a spin combination.
 - one (1) of which must be a flying spin.
 - The spins must have a required minimum number of revolutions:
 - three (3) for the flying spin with no change of foot after landing,
 - three (3) for the spin with only one position and no change of foot and
 - four (4) for the spin combination with no change of foot and
 - eight (4+ 4) for the spin combination with change of foot or spin in one position with a change of foot.There must be a minimum of two (2) revolutions in each position or the position will not be counted.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. **To receive full value**, a spin combination must include all **three (3) basic positions**.
- c. A maximum of **one (1) step sequence**, fully utilizing the ice surface. Only the first executed attempt of a step sequence will contribute to the technical score.

Vocal music may be used.

The maximum time is between **1 minutes 50 seconds – 2 minutes 20 seconds**

The points for each Program Component are multiplied by a factor of 1.67.

Only features up to and including **Level 2** will be counted for the spins and step sequence.

Any additional features will not count for level requirements and will be ignored by the Technical Panel.

FREE SKATING BRONZE

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of **four (4) jump elements**,
- consisting only of single jumps.
 - **Single Axel, double jumps and triple jumps are not permitted.**
 - There may be up to **two (2) jump combinations or jump sequences** in the free program.
!!! One (1) jump combination may consist of up to three (3) listed jumps. The other jump combination may consist of two (2) listed jumps. A jump combination may consist of the same or another single jump.
!!! A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any jumps, immediately followed by an Axel **type** jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel type jump. Only the two (2) listed jumps with the highest value will count towards the technical score.
 - Any single jumps (except Axel, as this jump is not permitted in this category) cannot be executed more than twice in total.
- b. A maximum of **two (2) spins** of a different abbreviation,
- one of which must be a spin combination with no change of foot.
 - Flying spins **are not permitted.**
 - The spins must have a required minimum number of revolutions:
 - three (3) for the spin in one position with no change of foot,
 - four (4) for the spin combination with no change of foot and
 - six (3+3) for the spin combination with change of foot or the spin in one position with change of foot.
 - There must be a minimum of two (2) revolutions in each position or the position will not be counted.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin.
 - Only features up to and including **Level 1** will be counted.
Any additional features will not be counted for level requirements and will be ignored by the Technical Panel.
- c. A maximum of **one (1) choreographic sequence** fully utilizing of the ice surface.
- A choreographic sequence consists of any kind of movements like steps, turns, spirals, arabesques, spread eagles, Ina Bauers, hydroblading, transitional (unlisted) jumps, spinning movements etc.
 - The pattern is not restricted.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

VOCAL MUSIC MAY BE USED

The maximum time is between **1 minutes 50 seconds – 2 minutes 20 seconds**

The points for each Program Component are multiplied by a factor of 1.67.

ARTISTIC FREE SKATING

General requirements for Artistic Free Skating (according to ISU ADULT competition rules)

The artistic events consist of Free Skating programs judged only on the basis of the Program Components:

- Composition
- Presentation
- Skating Skills

See ISU Communication 2494 III General Technical Rules in Single & Pair Skating and Ice Dance (Rule 504 para 3a) for a detailed description of Program Components.

There will be no technical panel and no technical mark given. The points for each Program Component are multiplied by a factor of 1.0. Falls are not subject to a deduction but may have a negative impact on the Program Components.

The Artistic Free Skating competition is an athletic competition that is intended to allow skaters to demonstrate their skating ability as defined by the three program components of the ISU judging system. Credit for the required technical elements is based solely on the ability of such movements to enhance the component score. Credit will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps. The skater/pair must not remain in one place for more than five (5) seconds.

Any technical element exceeding the maximum number as set forth below, will be judged as an illegal element (1.0 deduction). If the minimum required technical elements are not included, a deduction for a "missing element" of 1.0 will be made. The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. (ISU Rule 501)

This is NOT a theatre-on-ice, showcase or spotlight event. Theatrical costumes and make-up will be penalized by a deduction: -1.0 per program.

Props and accessories may NOT be used in any part of the artistic programs. Use of props will be penalized by a deduction: -1.0 per program.

Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop. Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted.

Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted. The decorations on costumes must

be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction: -1.0 per program.

The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.

Illegal elements:

- Somersault type jumps
- Laying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

The warm-up duration is four minutes for all Artistic Free Skating and Pair Artistic Free Skating events. Artistic Free Skating Competitions will be held at the Gold, Silver and Bronze levels.

in case of 1-1 competitor in category the organizer reserves the right to merge the categories

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating. At least one (1) and a maximum of two (2) single jumps MUST be included. A Waltz jump is not considered a listed single jump. At least one (1) and a maximum of two (2) spins MUST be included. No Axel type jumps, double or triple jumps are allowed. No combination jumps are allowed.

The program duration for Gold, Silver and Bronze Artistic Free Skating is
1 minute and 30 seconds, +/- 10 seconds.