

ISAI Irish Figure Skating Championships | 2020

Event Code and Competition	Age	Test Requirement	Technical Requirements
Basic Novice Girls Basic Novice Boys	As per ISU regulations for Basic Novice	Must have passed ISAI Basic Novice A Singles Free Test or as of 2018 Basic Novice Singles Free Test No maximum test standard	Basic Novice competition will consist of a Free Skating programme only. A well balanced Free Skating programme for Basic Novice girls and boys must contain: <ol style="list-style-type: none"> a) Maximum of 4 jump elements for Girls and Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Triple jumps are not permitted. Any single and double jump (including Double Axel) cannot be executed more than twice in total. b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed. c) There must be one (1) step sequence fully utilizing the ice surface. The Programme Components are only judged in <ul style="list-style-type: none"> • Skating Skills • Performance For Basic Novice Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

Event Code and Competition Name	Age	Test Requirement	Technical Requirements
<p>Novice Intermediate Girls</p> <p>Novice Intermediate Boys</p>	<p>As per ISU regulations for Basic Novice B</p>	<p>Must have passed ISAI Basic Novice B Singles Free Test or as of 2018 Novice Intermediate Singles Free Test</p> <p>No maximum test standard</p>	<p>Novice Intermediate competition will consist of a Free Skating programme only.</p> <p>A well balanced Free Skating programme for Novice Intermediate girls and boys must contain:</p> <ol style="list-style-type: none"> a) Maximum of 5 jump elements for Girls and 6 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only two most difficult jumps will be counted. Only two (2) jumps with two and a half (2 1/2) or more revolutions can be repeated either in a jump combination or in a jump sequence. Any single, double (including Double Axel) or triple jumps cannot be executed more than twice in total. b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position. The spin combination with a change of foot and a minimum of eight (8) revolutions or without a change of foot with a minimum of six (6) revolutions. The spin in one position with a change of foot minimum of eight (8) revolutions or spin in one position without change of foot minimum of six (6) revolutions. In both spins flying entries are allowed. c) There must be one (1) step sequence fully utilizing the ice surface. <p>The Programme Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Performance • Interpretation <p>For Novice Intermediate Singles, in all elements that are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p>

Event Code and Competition Name	Age	Test Requirement	Technical Requirements
<p>Advanced Novice Girls</p> <p>Advanced Novice Boys</p>	<p>As per ISU regulations for Advance Novice</p>	<p>Must have passed ISAI Advanced Novice Singles Short and Free Test</p> <p>No maximum test standard</p>	<p>The Short Programme for Advanced Novice Girls shall consist of the following elements:</p> <ul style="list-style-type: none"> a) Axel Paulsen or double Axel Paulsen b) Double or triple jump immediately preceded by connecting steps, may not repeat jump a) c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b) d) Layback/sideways leaning spin or spin in one basic position with no change of foot (minimum six (6) revolutions) , and no flying entrance e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed f) One step sequence fully utilizing the ice surface. <p>The Short Programme for Advanced Novice Boys shall consist of the following elements:</p> <ul style="list-style-type: none"> a) Axel Paulsen or double Axel Paulsen b) Double or triple jump immediately preceded by connecting steps, may not repeat jump a) c) One jump combination consisting of two double jumps or one double and one triple jump, both jumps may not repeat jump a) or b) d) Camel, sit or upright spin (minimum of five (5) revolutions on each foot) with change of foot and no flying entrance e) Spin combination with only one change of foot (minimum of five (5) revolutions on each foot). Flying entry is allowed f) One step sequence fully utilizing the ice surface.

Advanced Novice Girls			<p>A well balanced Free Skating programme for Advanced Novice Girls and Boys must contain:</p> <ol style="list-style-type: none"> a) Maximum 6 jump elements for Girls and 7 jump elements for Boys one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. A jump combination can consist up to three (3) jumps, the other up to two (2) jumps. A jump sequence consists of two (2) jumps of any number of revolutions, beginning with any jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Only two (2) jumps with three (3) or more revolutions can be repeated either in a jump combination or a jump sequence. Any single, double (including Double Axel) or triple jump cannot be executed more than twice in total. b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with change of foot (minimum eight (8) revolutions), flying entrance is not allowed and one must be a flying spin (minimum six (6) revolutions) or a spin in one position with change of foot and a flying entrance (minimum eight (8) revolutions). c) There must be a maximum of one (1) step sequence fully utilizing the ice surface. <p>The Programme Components are only judged in:</p> <ul style="list-style-type: none"> • Skating Skills, Transitions, Performance and Interpretation <p>For Advanced Novice Singles, in all elements that are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p>
Advanced Novice Boys (Continued)			

Event Code and Competition Name	Age	Minimum Test Requirement	Technical Requirements
Junior Ladies Junior Men	As per ISU regulations for Junior	Must have passed ISAI Junior Singles Short and Free Test No maximum test standard	The Junior Short Programme shall consist of the following required elements: Ladies <ul style="list-style-type: none"> a) Double Axel Paulsen b) Double or triple Loop jump immediately preceded by connecting steps and/or by other comparable Free Skating movements c) Jump combination consisting of two double jumps or one double and one triple jump or two triple jumps d) Flying sit spin e) Layback / sideways leaning spin or camel spin without change of foot f) Spin combination with only one change of foot g) Step sequence fully utilizing the ice surface. Men <ul style="list-style-type: none"> a) Double or triple Axel Paulsen b) Double or triple Loop jump immediately preceded by connecting steps and/or by other comparable Free Skating movements c) Jump combination consisting of a double and a triple jump or two triple jumps d) Flying sit spin e) Camel spin with only one change of foot f) Spin combination with only one change of foot g) Step sequence fully utilizing the ice surface

Junior Ladies Junior Men (Continued)			<p>A well balanced Junior Free Skating programme must contain:</p> <p>Ladies</p> <ul style="list-style-type: none"> • Maximum of 7 jump elements (one of which must be an Axel type jump) • Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position • Maximum of 1 step sequence. <p>Men</p> <ul style="list-style-type: none"> • Maximum of 7 jump elements (one of which must be an Axel type jump) • Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position • Maximum of 1 step sequence. <p>It will be judged with all 5 Programme Component Scores. There are no restrictions on Levels.</p>
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Event Code and Competition Name	Age	Minimum Test Requirement	Technical Requirements
Senior Ladies Senior Men	As per ISU regulations for Senior	Must have passed ISAI Senior Singles Short and Free Test No maximum test standard	<p>The Senior Short Programme shall consist of the following required elements:</p> <p>Ladies</p> <ul style="list-style-type: none"> a) Double or triple Axel Paulsen b) Triple jump immediately preceded by connecting steps and/or other comparable Free Skating movements c) Jump combination consisting of a double jump and a triple jump or two triple jumps d) Flying spin e) Layback/sideways leaning spin or sit or camel spin without change of foot f) Spin combination with only one change of foot g) Step sequence fully utilizing the ice surface <p>Men</p> <ul style="list-style-type: none"> a) Double or triple Axel Paulsen b) Triple or quadruple jump immediately preceded by connecting steps and/or other comparable Free Skating movements c) Jump combination consisting of a double jump and a triple jump or two triple jumps or a quadruple jump and a double jump or a triple jump d) Flying spin e) Camel spin or sit spin with only one change of foot f) Spin combination with only one change of foot g) Step sequence fully utilizing the ice surface

Senior Ladies Senior Men (Continued)			<p>A Senior Well Balanced Free Skating Programme must contain:</p> <p>Ladies</p> <ul style="list-style-type: none"> • Maximum of 7 jump elements (one of which must be an Axel type jump) • Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position • Maximum of 1 step sequence • Maximum of 1 choreographic sequence. <p>Men</p> <ul style="list-style-type: none"> • Maximum of 7 jump elements (one of which must be an Axel type jump) • Maximum of 3 spins, one of which must be a spin combination, one a flying spin or a spin with a flying entrance and one a spin with only one position • Maximum of 1 step sequence • Maximum of 1 choreographic sequence. <p>It will be judged with all 5 Programme Component Scores. There are no restrictions on Levels.</p>
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